



**MENTAL WELLNESS
RECONCILIATION, INC**

**SIGN UP NOW...
YOUNG
MOM'S
GROUPS**

HEARTS TO NOURISH HOPE



WHO WE ARE?

Mental Wellness Reconciliation, Inc DBA Reconciliation Movement is a non-profit organization that recognizes trauma as a driving force in criminal behaviors, unruliness, and division of families. We are always looking for resources to help people with mental health resources in addition to creating community platforms with other non-profits, churches, and other organizations to provide HOPE for our future!

WHAT WE DO?

We collaborate with Hearts to Nourish Hope, Inc to provide case management, life coaching, and mental health services through our partnering companies. We are able to provide life coaches, mental health, and substance abuse counselors for clients using medical insurance, sliding fee scales, and even for free if they qualify.

CALL US FOR MORE INFO



**855-795-3537
678-561-3091**

VIRTUAL SERVICES



We are equipped to provide services via TeleHealth.

IN PERSON SERVICES

Following strict Covid guidelines, we also have in person services in Riverdale, GA and Lawrenceville, GA



POINT OF CONTACT

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YOUNG MOM'S GROUPS



We will give each young mom our undivided attention to support their emotional needs and assist them in parenting, co-parenting, and moving forward in their educational & vocational goals.



We have professionals to help you.



Additional services according to your needs.

You will not regret using our services.

GET SOCIAL WITH US

@WWMINDBODYSPIRIT
@HEARTSTONOURISHHOPE
WWW.WW4MH.LIFE
WWW.HEARTSTONOURISHHOPE.ORG



TWO GROUPS AVAILABLE

HEARTS 4 YOUNG MOMS

Open support group for young mom's ages 16 to 24 that feel isolated from being a teen/young mom.

TUESDAYS @ 12PM

TEEN 2 PARENTS

(2) Closed psycho-educational group for in school teenage mom's up to 18 and out of school ages 16 to 24 that teaches parenting skills, which includes maternal life skills and certifications.

TUESDAYS @ 5PM

THURSDAYS @ 5PM